

TILAK MAHARASHTRA VIDYAPEETH,  
INSTITUTE OF NURSING EDUCATION AND RESEARCH, PUNE

**ANTIRAGGING WEEK 12-18 AUGUST 2024**



**ANTI-RAGGING  
AWARENESS  
PROGRAM**



**What is Ragging?  
Any Act Resulting in:**

- Mental/physical/sexual Abuse
- Verbal Abuse
- Indecent Behaviour
- Criminal Intimidation/wrongful Restraint
- Undermining Human Dignity
- Financial Exploitation/extortion
- Use Of Force

**A STUDENT WHO/WHOM IN RAGGING CAN BE:**

- Cancellation of admission
- Suspension from attending classes
- Withholding/withdrawing Scholarship/Fellowship and other benefits
- Debarment from appearing in any test/examination or other evaluation process
- Withholding results
- Debarment from representing the institution in any regional, national or international meet/tournament or sports festival etc.
- Attraction of punishment when the persons committing or abetting the crime of ragging are not identified the institution shall resort to collective punishment as a deterrent to ensure community pressure on potential raggers

Immediately call  
UGC Anti-Ragging Helpline  
1800-180-5522 (24x7 toll free)  
or send an e-mail to [helpline@antiragging.in](mailto:helpline@antiragging.in)



**MHRD**

DEPARTMENT OF HIGHER EDUCATION  
MINISTRY OF EDUCATION  
GOVERNMENT OF INDIA



विश्वविद्यालय अनुदान आयोग  
**University Grants Commission**  
quality higher education for all

**NAME OF THE EVENT**-Awareness Seminar on Antiragging.

**ORGANIZER:** Tilak Maharashtra Vidyapeeth Nursing Department

**TIME AND DATE** – 14/8/2024 Time – 12-1Pm.

**SPEAKER:** Ms. Radha W. Shinde

**PARTICIPANTS:** 3<sup>rd</sup>, 4<sup>th</sup> Semester and 4<sup>th</sup> Year B.Sc. Nursing Students.

**VENUE:** 3<sup>rd</sup> Semester Classroom.

**TOPIC ADDRESSED:**

- Introduction to Antiragging and Ragging
- Meaning of Antiragging
- Definition of Antiragging
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**Antiragging Week:** In observance of National Anti-Ragging Week from 12 to 18 August, the Islamic University of Science and Technology (IUST) organized a series of competitions aimed at fostering a ragging-free environment on campus.

**Theme:** The theme of all the slogans was Anti-Ragging to send a message to all the students about the detrimental effects of ragging with the goal to foster a culture of respect, empathy, and inclusivity in educational institutions by inspiring change and creating safer environments for the students through thought-provoking.

**Objectives:**

- To prevent the occurrence of ragging by following the provisions of regulations in the institution.
- To provide punishment to those indulging in ragging as provided for in regulations and the appropriate law in force.
- To Prevent, Prohibit, and Redress any and all forms and instances of Ragging in the College.
- To educate the students on the meaning of ragging and what constitutes it.

**Meaning of Ragging Awareness:**

“Ragging” means doing any act which causes or is likely to cause insult or annoyance of fear or apprehension or threat or intimidation or outrage of modesty or injury to a student; Ragging within or outside any educational institution is prohibited.

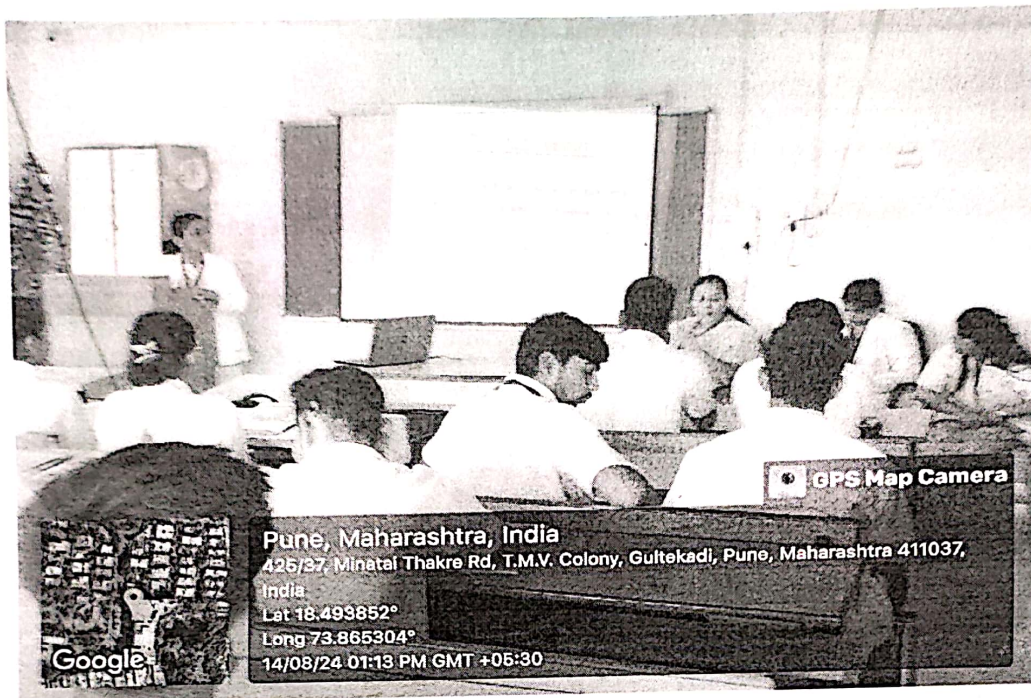
Under the guidance of Dr. Madhuri Shelke (Principal TMV, INER, Pune) I have conducted Awareness Seminar on Antiragging. The goal of conducting the seminar on Anti-Ragging is to send a message to all the students about the detrimental effects of ragging with the goal to foster a culture of respect, empathy, and inclusivity in educational institutions by inspiring change and creating safer environments for the students through thought-provoking.

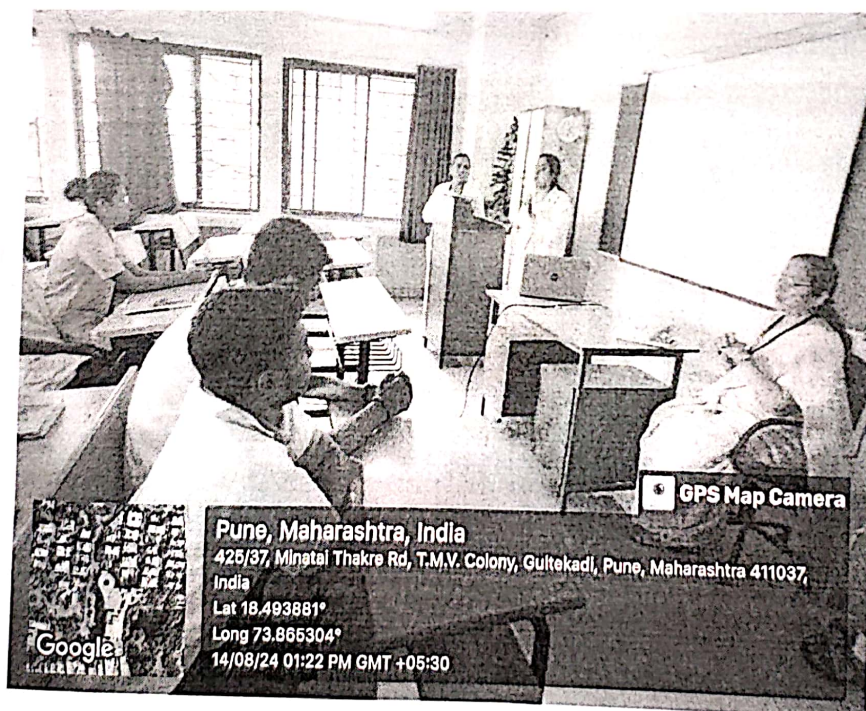
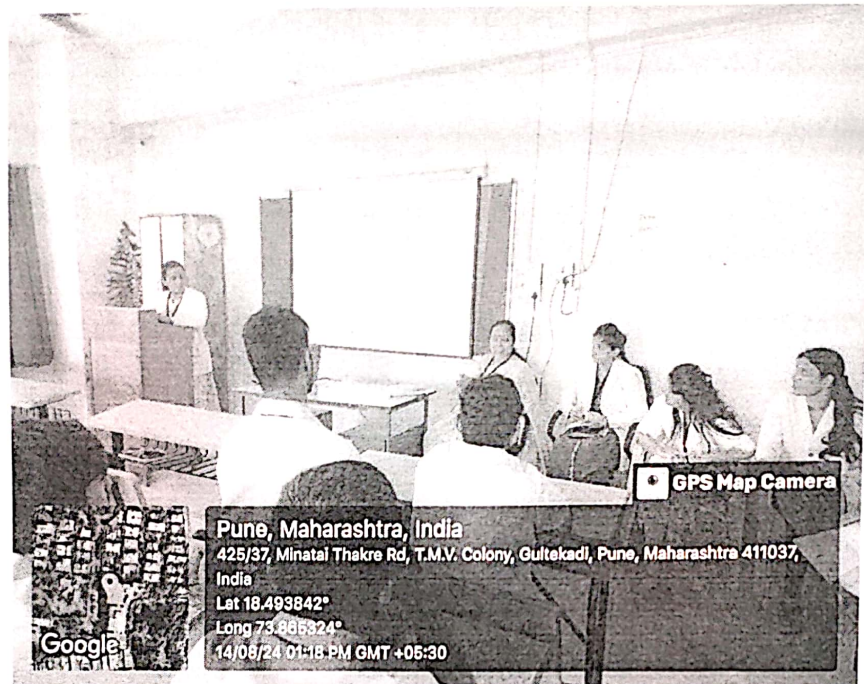
The session was very interactive along with discussion regarding the ragging and Antiragging.

At the end of the session, the effectiveness of the seminar was assessed through the question and answers related to the punishments, laws, how to stop ragging and maintain the joyful environment in the college. Students have cleared their doubts.

  
**Principal**

Principal  
Institute of Nursing  
Education & Research  
Tilak Maharashtra Vidyapeeth Trust  
Gultekdi, Pune - 411 037.





**TILAK MAHARASHTRA VIDYAPEETH,  
INSTITUTE OF NURSING EDUCATION AND RESEARCH, PUNE**

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**NAME OF THE EVENT-** Skill Station on Breast Self-Examination

**ORGANIZER:** Tilak Maharashtra Vidyapeeth Nursing Department

**TIME AND DATE –** 14/8/2024 Time – 3:30-4:30 Pm.

**SPEAKER:** Ms. Radha W. Shinde

**PARTICIPANTS:** Fourth year B.Sc. Nursing Students

**VENUE:** Maternal And Child Health Lab (MCH)

**TOPIC ADDRESSED:**

- Introduction to BSE.
- Meaning of BSE.
- Definition of BSE.
- Techniques and methods of BSE.

**Definition:** A breast self-exam is a step-by-step method you can use to examine your breasts. By looking at and feeling your breasts regularly, you can better notice changes.

**Objectives:**

- A breast self-exam for breast awareness is a check of your breasts that you do on your own.
- To help increase your breast awareness, you use your eyes and hands to learn if there are any changes to the look and feel of your breasts.
- If you notice new breast changes, discuss them with your healthcare professional.

**Goals:**

Monthly breast self-exams can help you detect changes that may be signs of infection, breast disease or breast cancer. The goal of doing a breast self-exam is recognizing what's normal for you. Knowing how your breasts typically look and feel can help you notice a change.

**Theme:** The theme for 2024 is Closing the gap: Breastfeeding support for all. This year we want to really recognize breastfeeding mums, ensure they are seen and heard, and share relatable human experiences about breastfeeding and the importance of multi-level support.

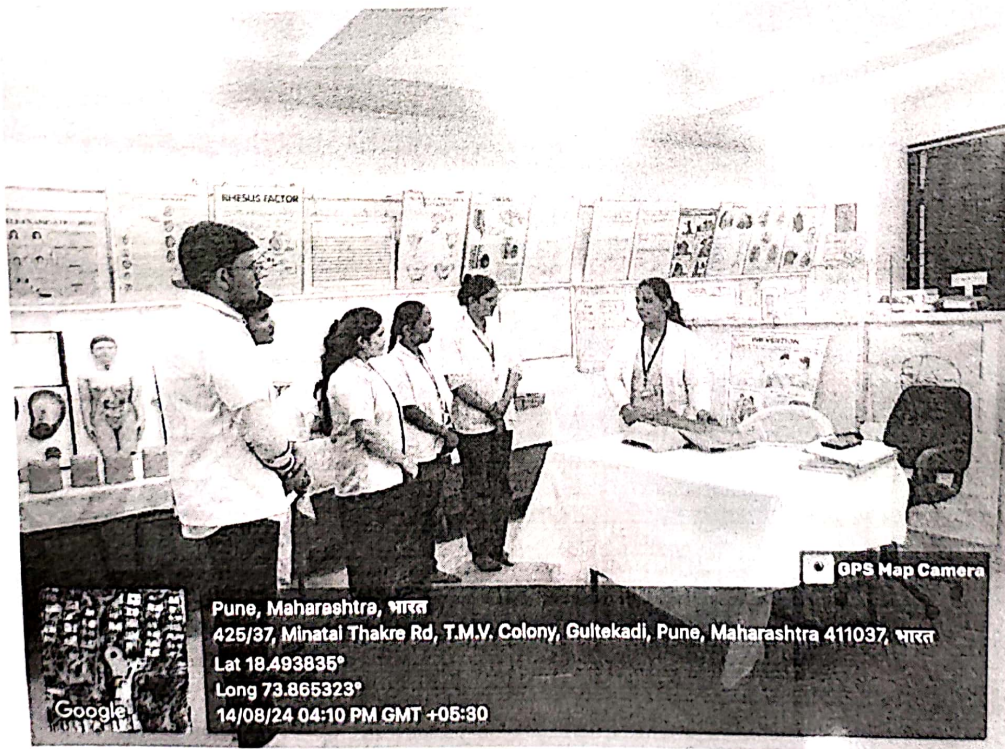
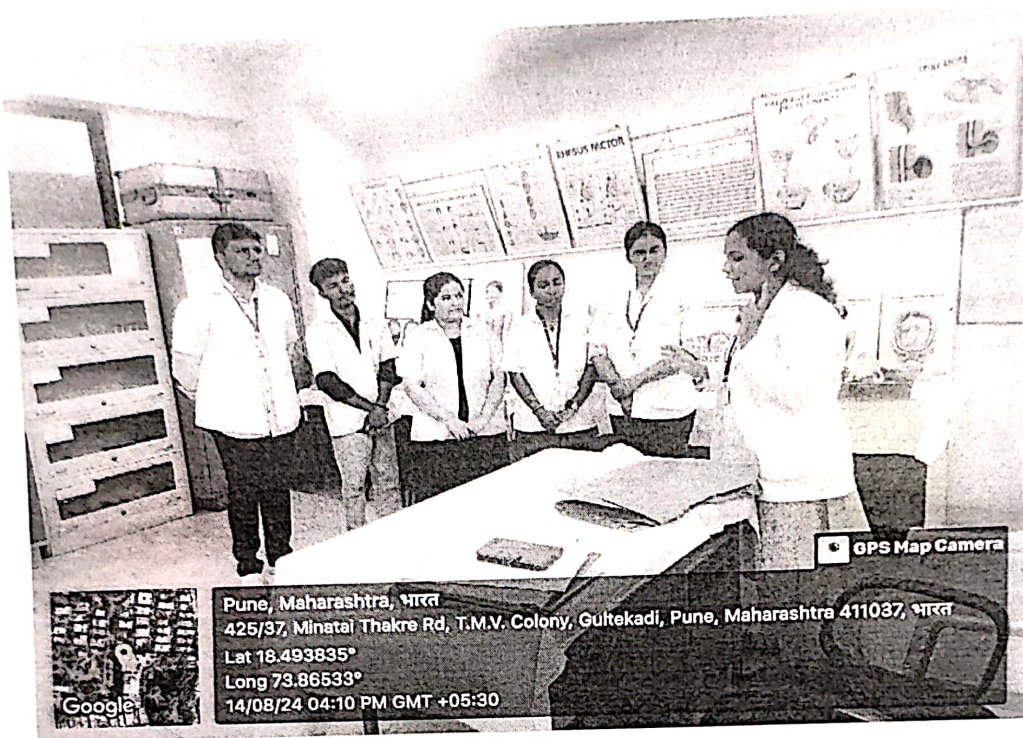
Under the guidance of Dr. Madhuri Shelke (Principal TMV, INER, Pune) I have conducted Skill station on Breast Self-Examination. The goal of conducting the skill station was to create the awareness about early complications and to improve the knowledge of antenatal and postnatal mothers regarding Breast Care, it helps to early detection and treatment for breast cancer.

The session was very interactive along with discussion regarding how to improve the reproductive health.

At the end of the session, the effectiveness of the seminar was assessed through the question and answers and re-demonstration Breast Self-Examination.

  
**Principal**  
**Principal**

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**NAME OF THE EVENT-** Skill Station On Breast Feeding Techniques

**ORGANIZER:** Tilak Maharashtra Vidyapeeth Nursing Department

**TIME AND DATE –** 14/8/2024 Time – 2:30-3:30 Pm.

**SPEAKER:** Ms. Radha W. Shinde

**PARTICIPANTS:** Fourth year B.Sc. Nursing Students

**VENUE:** Maternal And Child Health Lab (MCH)

**TOPIC ADDRESSED:**

- Introduction to Breast feeding
- Meaning of Breast feeding
- Definition of Breast feeding
- Techniques and methods of breast feeding.
- Role of Midwifery Nurse in Breast feeding.

**Objectives:**

**Overall Objective:** World Breastfeeding Week is held in the first week of August every year, supported by WHO, UNICEF and many Ministries of Health and civil society partners. The theme for 2024 is Closing the gap: Breastfeeding support for all.

The campaign will celebrate breastfeeding moms in all their diversity, throughout their breastfeeding journeys, while showcasing the ways families, societies, communities and health workers can have the back of every breastfeeding mom.

**Goals:**


World breastfeeding week has the dual goal of improving the health of babies and promoting, protecting, and supporting the rights of women to breastfeed anywhere and at any time.

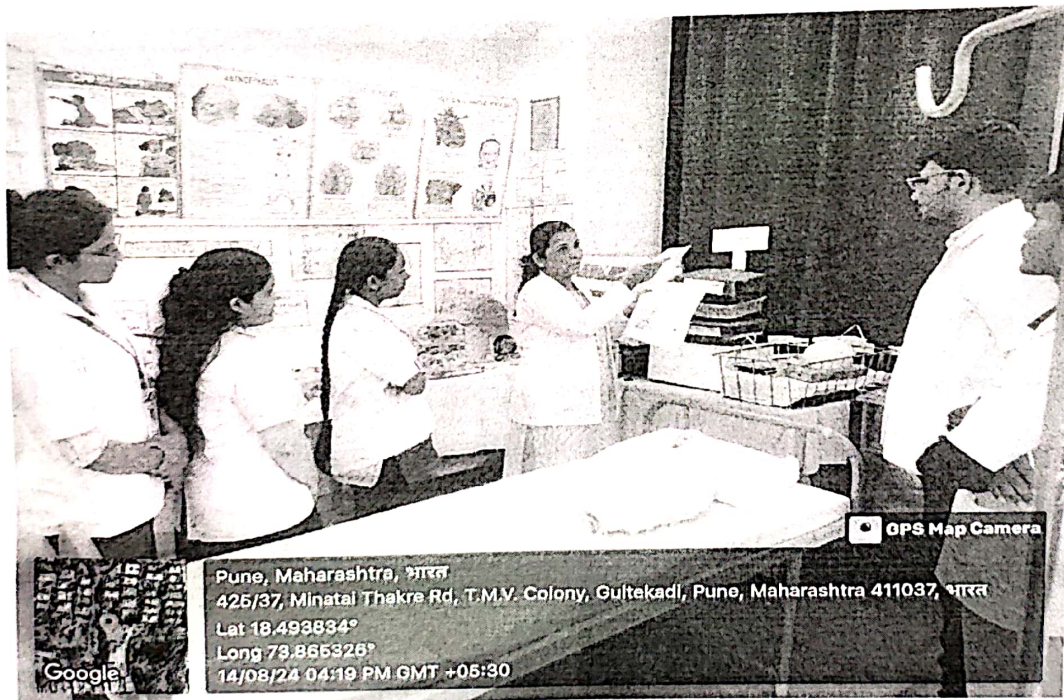
**Theme:** The theme for 2024 is Closing the gap: Breastfeeding support for all. This year we want to really recognize breastfeeding moms, ensure they are seen and heard, and share relatable human experiences about breastfeeding and the importance of multi-level support.

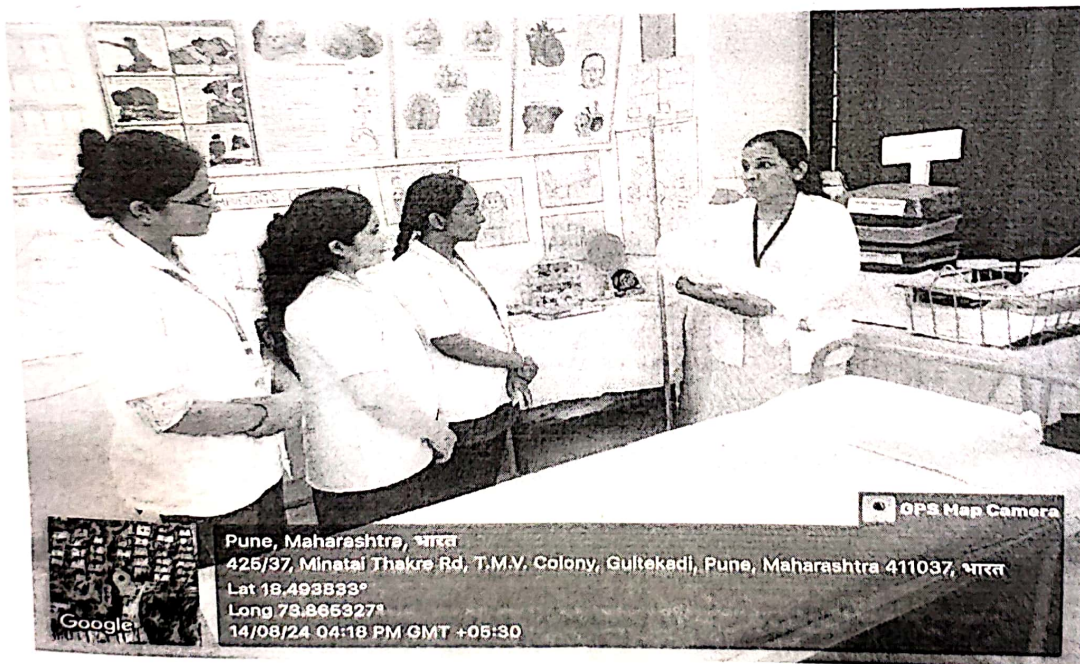
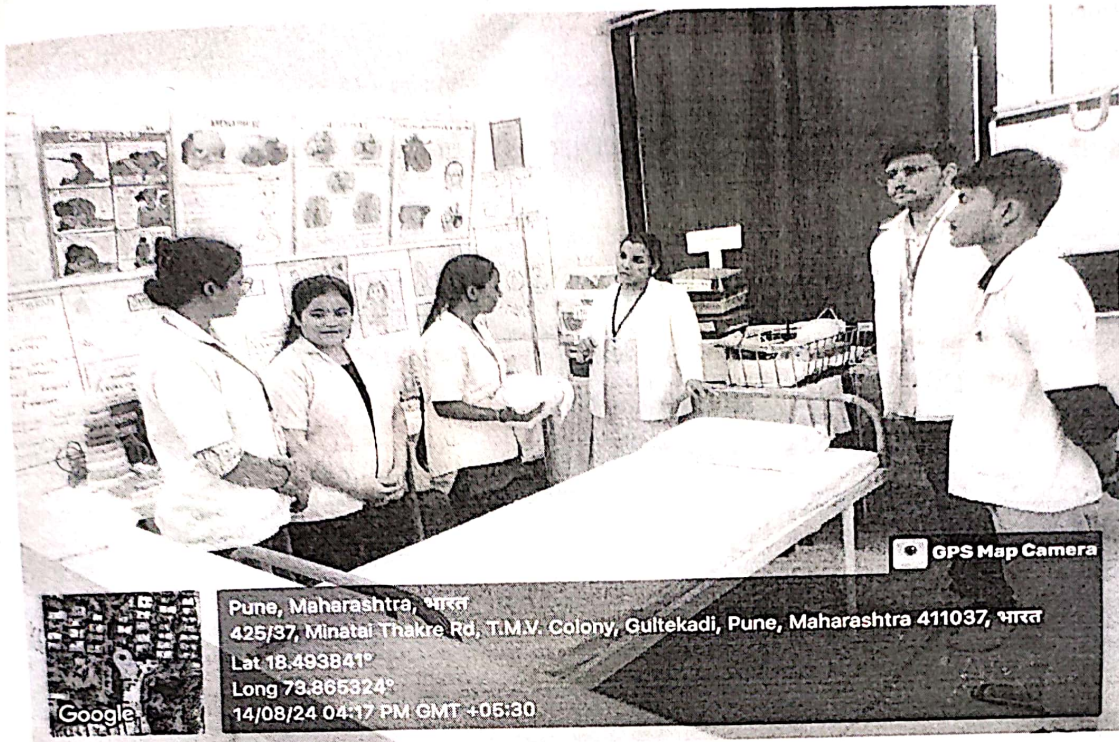
Under the guidance of Dr. Madhuri Shelke (Principal TMV, INER, Pune) I have conducted Skill station on Breast Feeding Techniques. The goal of conducting the skill station was to create the awareness about early complications and to improve the knowledge of antenatal and postnatal mothers regarding Breast feeding techniques, it's importance for mother and baby.

The session was very interactive along with discussion regarding the PNC counseling, PNC diet and PNC Exercises.

At the end of the session, the effectiveness of the seminar was assessed through the question and answers and re-demonstration Breast Feeding Techniques.

  
**Principal**  
Principal  
Institute of Nursing  
Education & Research  
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**Name of the event:** "World Breastfeeding Week"

**Organizer:** Tilak Maharashtra Vidyapeeth, INER

**Venue:** 4<sup>th</sup> year class

**Date and time:** 07/08/2024 at 1:30pm-3:30pm

**Participants:** 4<sup>th</sup> yr B.sc nursing student.

**Theme:** "Closing the Gap, Breastfeeding Support for all".

Under the guidance of Dr Madhuri Shelke {Principal TMV, INER, Pune} we the Institute of Nursing Research and Education, Tilak Maharashtra Vidyapeeth Pune organized world Breastfeeding Week with a view to create awareness among mothers practice, Emphasize & educate exclusive breastfeeding.

The Institute of Nursing Research and Education, Tilak Maharashtra Vidyapeeth Pune observed World Breastfeeding Week from 1<sup>st</sup> to 7<sup>th</sup> August 2024 on the theme "Closing the Gap, Breastfeeding Support for all".

Every year, countries around the world observed world Breastfeeding Week for a good reason breastfeeding one of the most effective way to provide children everywhere with the best start to life.

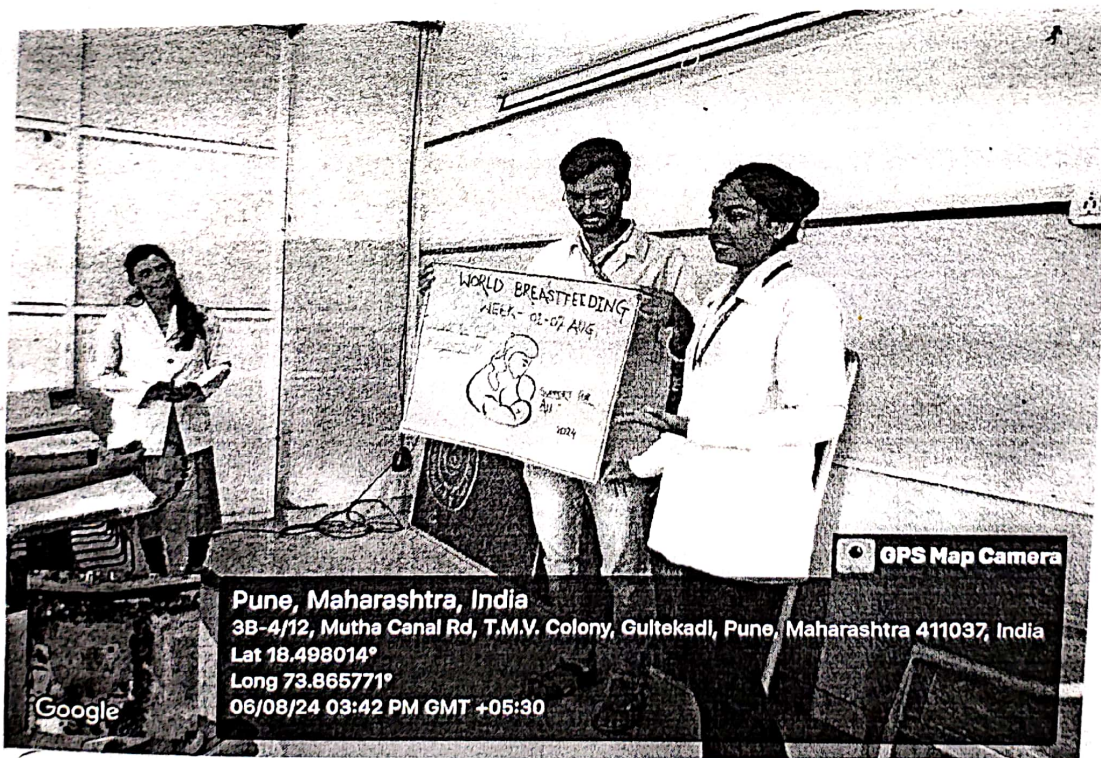
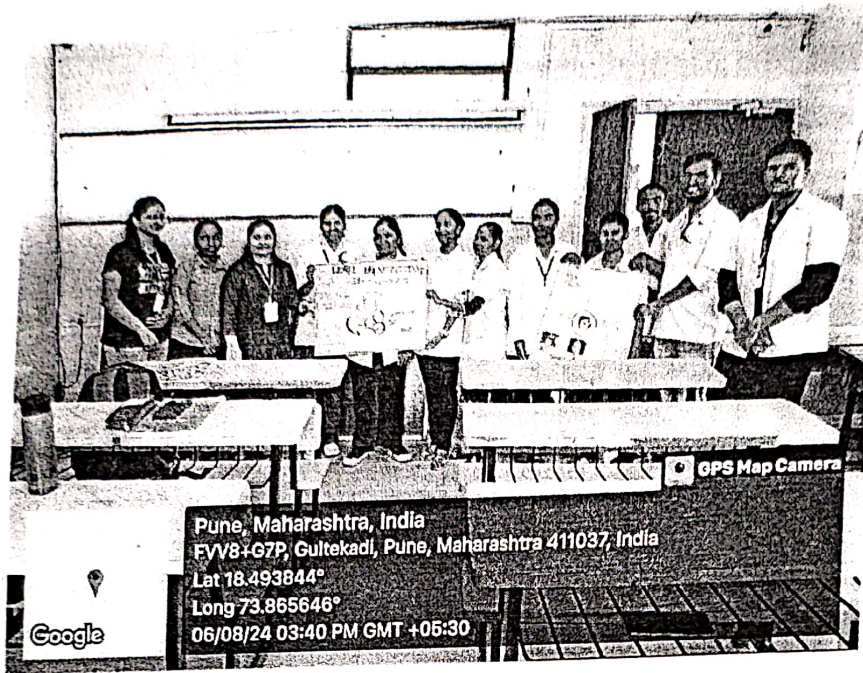
The Students of Final year basic bsc nursing made the posters on the above mentioned theme. Total 15 students were participated.

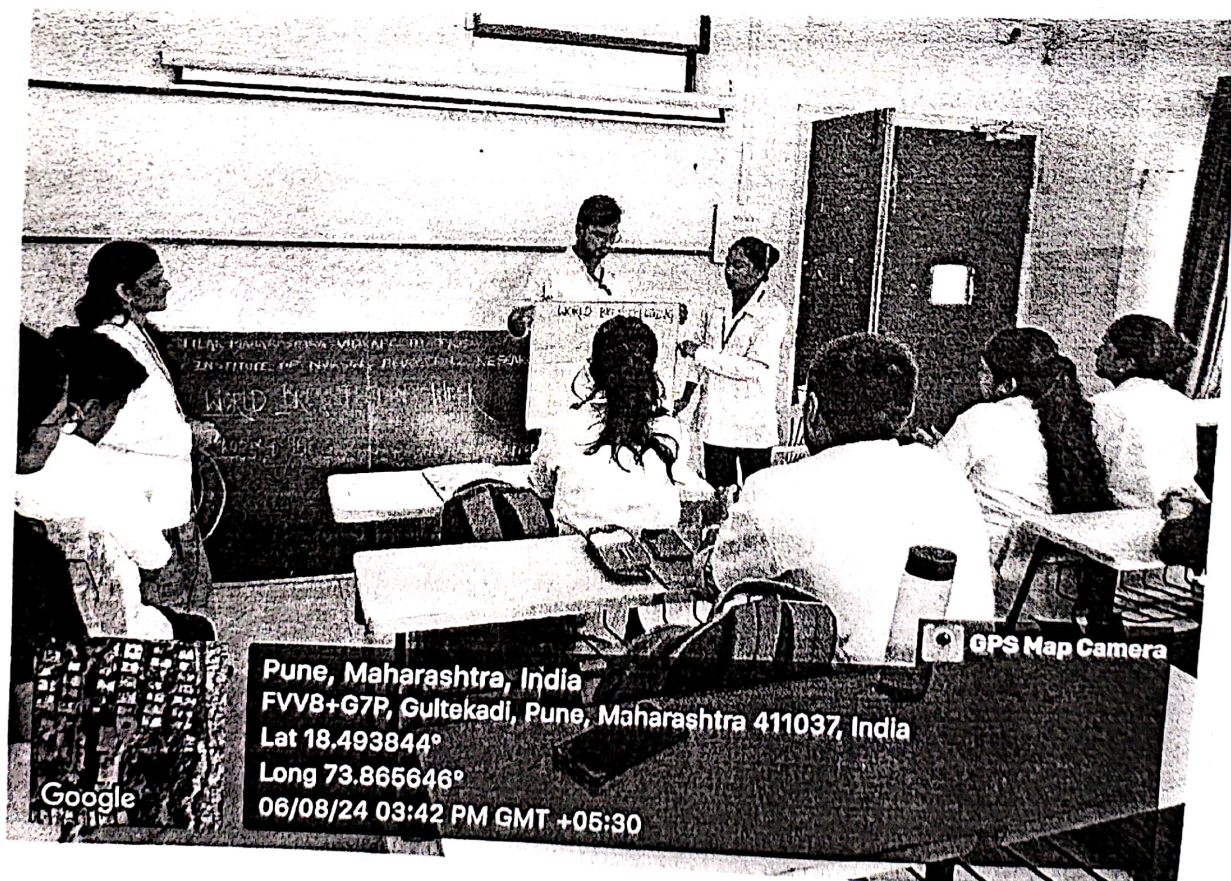
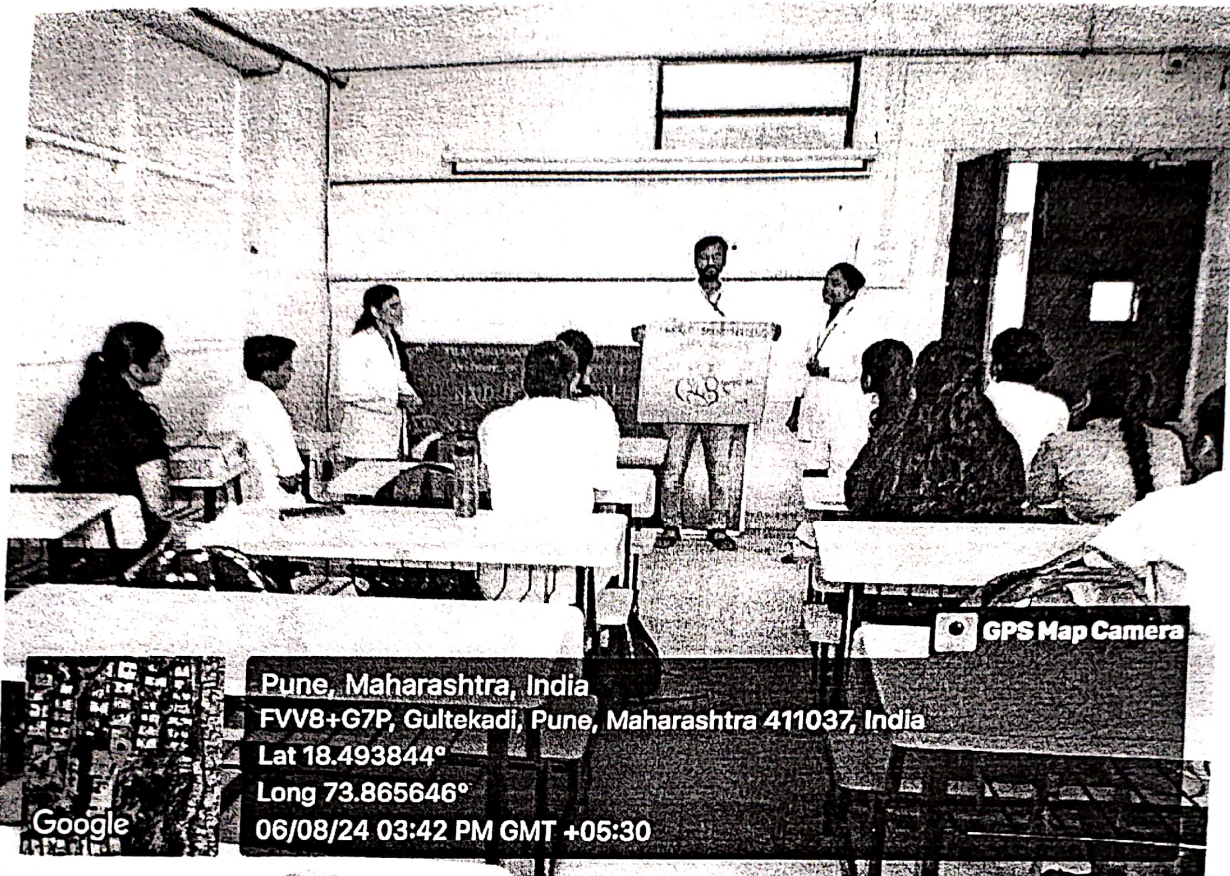
The programme was ended with the vote of thanks by Ms. Manisha Vaidya.

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**Principal**

# GALLERY





**TILAK MAHARASHTRA VIDYAPEETH,  
INSTITUTE OF NURSING EDUCATION AND RESEARCH, PUNE**

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**Name of the event:** Karyasamrat Maha Arogya Shibir

**Date and time:** 04/08/2024     9:00am- 4.00pm

**Venue:** Agricultural Ground, Bhosale Nagar, Sinchan Nagar, Shivaji Nagar, Pune.

**Participants:** B.Sc. Nursing students

**Organizers:** Someshwar Foundation & Niramay Seva Foundation

**Theme:** “एकच ग्वाही... तपासणीपासुन शस्त्र क्रियापर्यंत मोफत सर्व काही...”

Under the guidance of Prof. Dr. Madhuri Shelke madam ( Principal TMV, INER, Pune) myself Mr. Ramesh Bandagar, Associate Professor along with Mrs. Priyanka Sing , Nursing Tutor and students taken the initiative in Health Camp as a NSS Volunteer's. We all participated in Health Camp which was held on 4<sup>th</sup> August 2024 at Agricultural Ground, Bhosale Nagar, Sinchan Nagar, Shivaji Nagar, Pune.

**On occasion of Karyasamrat Late. Vinayak Nimhan (Aaba) (Ex. MLA) birth Anniversary Someshwar Foundation & Niramay Seva Foundation has organized the ‘ karyasamrat Maha Arogya Shibir’** is a Mega Health Camp held in Agricultural Ground, Bhosale Nagar, Sinchan Nagar, Shivaji Nagar, Pune in which an audience of over 10,000 thousand people and over hundreds of doctors from across the city and district participates. The endeavor is to act as a savior to the lower and middle class families that have been neglecting their health. Through this initiative, the attempt is to reach patients with chronic ailments. Most of the patients that are assisted come from societies which are deprived of medical attention in want of financial aid. Through camp ‘Karyasamrat Maha-Arogya Shibir’, the critical patients are encouraged to come for thorough check-ups. The volunteers and staff of the project are on the ground spreading awareness about Health and its prevention in case it is detected earlier.

‘Karyasamrat Maha-Arogya Shibir’ under treated the around one thousand diseases with speciality doctors and as per patient conditions referred the patients for various investigations, surgeries etc. Treated the disease like cardiovascular, respiratory, geriatric, skin, genetics, neurological, ENT, general surgery, obesity, plastic surgery, cancer, orthopaedic, paediatric, obstetrical and gynaecological, blood, urological problems etc. Yoga, Handicapped, AYUSH, and Pharmacy, Investigations related service also provided.

'Karyasamrat Maha-Arogya Shibir' has successfully implemented with some great assistance and support from Government, Private and NSS volunteers member. Hon. Deputy Chief Minister Shri. Devendraji Fadvanis, Hon. Shri. Girishji Mahajan, Gram Vikas Adhikari, Hon. Chandrakantji Dada Patil, guardian minister, Shri. Sunny Nimhan, Chief Municipal Corporation Pune and other great Actors, political leaders, NSS volunteers, doctors, Nurses and our students has given the tremendous assistance and support to grand implementation of Health Camp. Students has allotted for different OPD section, Registration, Investigation and Injection room etc. students are served with dedication and taken care of each patient under guidance of Mr. Ramesh Bandagar sir and Ms. Priyanka sing Madam.

Organizers are felicitated to Students and staff with memento and certificates for contribution in health camp and Health camp ended by vote of thanks.

### CONCLUSION:

'Karyasamrat Maha-Arogya Shibir' plays a vital role in society by providing essential healthcare services to underserved communities, particularly those in remote or marginalized areas. Health check up camps play a pivotal role in promoting inclusive and accessible healthcare for communities. By focusing on prevention, education, and early intervention, these camps contribute to the overall health and resilience of populations. The endeavor is to act as a savior to the lower and middle class families that have been neglecting their health. Through this initiative, the attempt is to reach patients with chronic ailments. Most of the patients that are assisted come from societies which are deprived of medical attention in want of financial aid.

*Student feedback - Students has gained the experience about health camp. Students are well confident to built up the communication with patient. Students organize health camp in future.*

*Pj*  
Ms. Priyanka Sing

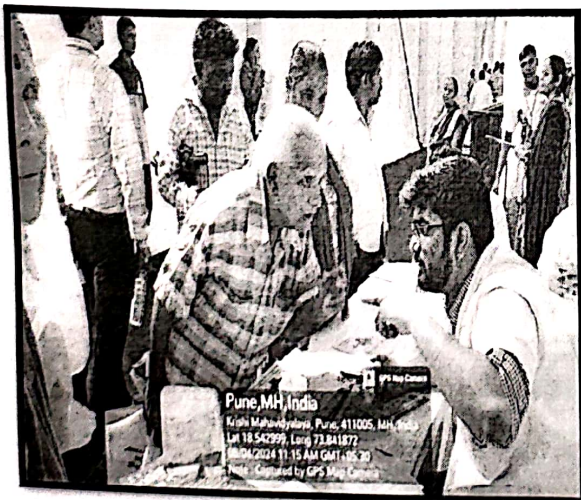
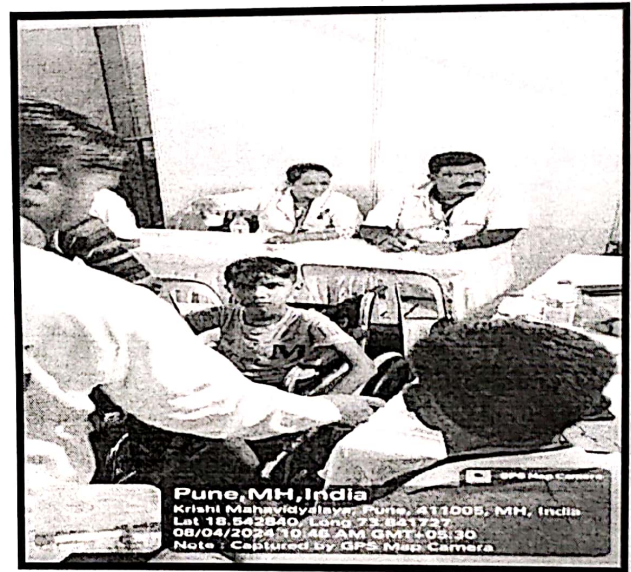
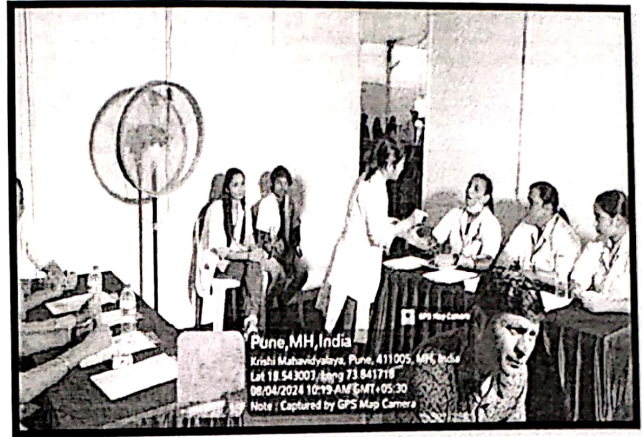
(Nursing Tutor)  
(Programme Co-ordinator)

*R mds*  
Mr. Ramesh Bandagar

(Associate Professor)  
NSS Co-Ordinator

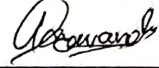
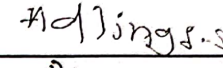

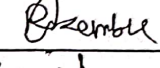

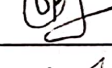
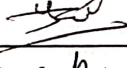
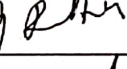
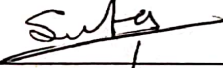


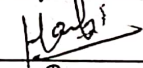
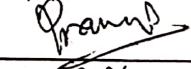
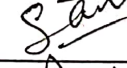




*Sh*  
Prof. Dr. Madhuri Shelke



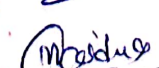

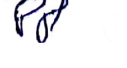
(Principal)  
Institute of Nursing  
Education & Research  
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Gultekdi, Pune - 411 037.




# Tilak Maharashtra Vidyapeeth Pune

## National Service Scheme

Har Ghar Tiranga- Rally				14/8/2024
Sr. No	Student Name	Department	Contact No	Signature
1	Dusvank Harvande	B.Sc Nursing	7875755907	
2	Shekhar Adling	BSc Nursing	9699117013	
3	Rohan Kamble	B.Sc Nursing	9370106406	
4	Bhaskar Lavare	BSc Nursing	8208334824	
5	Smith Wele	BSc Nursing	825235172	
6	Pravin Gaikwad	BSc Nursing	8999783090	
7	Prathmesh Kale	BSc. Nursing	9881903023	
8	Radha Ghatke	—	9773458809	
9	Saraswati Gaikwad	—	882810408	
10	Tanhai Mutekar	—	8830683130	
11	Tanmay Khandekar	—	8180806070	
12	Harshda Khandekar	—	8842147693	
13	Poonam Duche	—	8830848098	
14	Satishabh Sonware	—	9688784809	
15	Arati Gaikwad	—	8830683130	
16	Sumita Lamber	—	797275626	
17	Achal Yadav	—	9322536331	
18	Natasha Like	—	7249697086	
19				
20				

- 1) Radha Shinde - 
- 2) Savita Kharat - 
- 3) Manisha Vaidya - 
- 4) Poonam K. -
- 5) Dhanshri Chaudhari - 
- 6) Priyanka Singh - 

→ Ms. Poonam K. 

**TILAK MAHARASHTRA VIDYAPEETH, INSTITUTE OF NURSING EDUCATION  
AND RESEARCH, GULTEKADI, PUNE**

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**Name of the event:** Har Ghar Tiranga Campaign

**Organizer:** Tilak Maharashtra Vidyapeeth, INER

**Venue:** Tilak Maharashtra Vidyapeeth Campus

**Date and time:** 14/08/2024 09:00 am to 11:00 am

**Participants:** TMV Nursing Students & Faculty Members

**Theme:** "Viksit Bharat or Developed India."

**Introduction:**

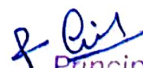
On August 14<sup>th</sup> 2024 Tilak Maharashtra Vidyapeeth organized a grand rally to celebrate Independence day. The rally was the part of college annual celebration to honor the country's independence. Students teachers and faculty members participated with great enthusiasm, making the event the memorable occasion.

**Event Details:**

The rally began at 9.00 am from the college premises. Students from various classes assembled in college courtyard, dressed in traditional attire and sporting the national colour. National flags were distributed while others held banner and placards with messages of patriotism and unity. The rally moved through the nearby streets surrounding the college with students chanting patriotic slogan like "Jay Hind" and "Vande Mataram" The neighborhood residence joined in by cheering and waving flags from their homes, adding to the festive spirit of occasion.

**Conclusion:**

The Independence Day rally at was a great success reflecting the spirit of patriotism among the students. The event served as a reminder of importance of independence & responsibilities that come with it.

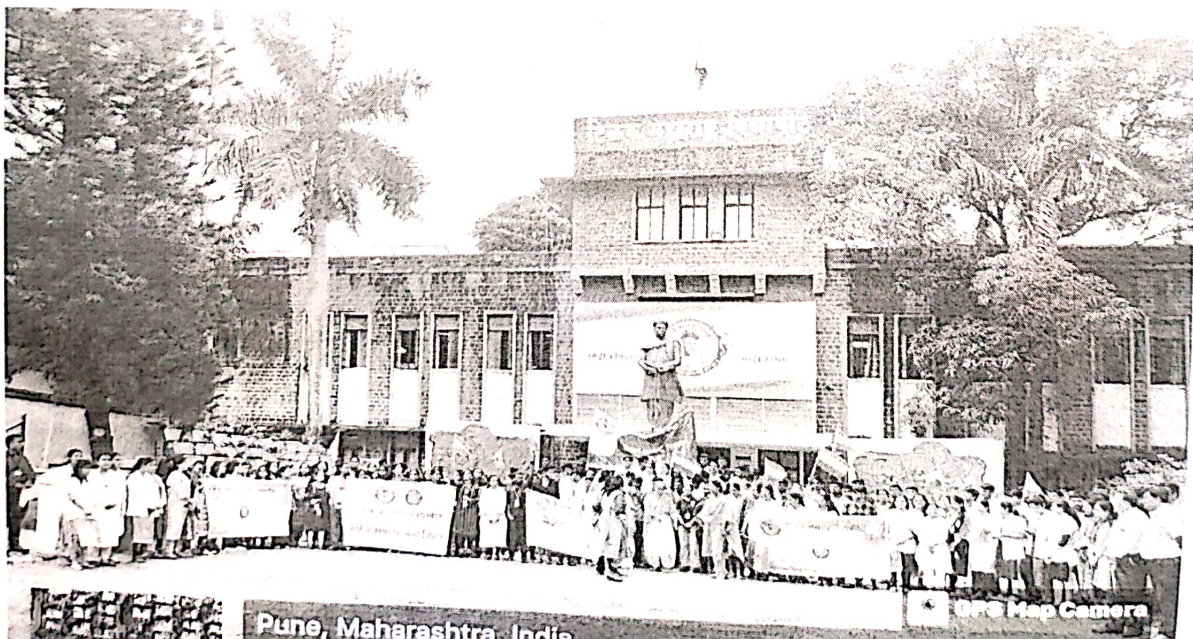
  
Principal  
Institute of Nursing  
Education & Research  
Tilak Maharashtra Vidyapeeth Trust  
Gultekdi, Pune - 411 037.

# GALLERY



Pune, Maharashtra, India  
 27, opp. Kataria school, T.M.V. Colony, Mukund Nagar, Pune, Maharashtra 411037, India  
 Lat 18.49843°  
 Long 73.86605°  
 14/08/24 09:36 AM GMT +05:30

GPS Map Camera



Pune, Maharashtra, India  
 55/429, near valshanavi dairy, Maharshi Nagar, Pune, Maharashtra 411037, India  
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 Long 73.865159°  
 14/08/24 09:49 AM GMT +05:30

GPS Map Camera



**TILAK MAHARASHTRA VIDYAPEETH**  
**INSTITUTE OF NURSING EDUCATION AND RESEARCH**

**APPROVAL LETTER**

OUT/TMV/NSG/6140  
n /

Date: 31/07/2024

To,

Hon'ble President Sir,

Tilak Maharashtra Vidyapeeth,

Pune.

Copy forwarded through Mr. Rushikesh Kelkar

**Subject:** Approval letter for conducting programmes for the month of Aug 2024.

Respected Sir,

With reference to the above subject, we the department of Nursing would like to conduct programs in the month of Aug 2024.

Kindly give approval to conduct the program.

Thanking You.

Yours Sincerely,

  
Principal

Institute Of Nursing Education  
and Research

Tilak Maharashtra Vidyapeeth

Pune

Principal

Institute of Nursing  
Education & Research

Tilak Maharashtra Vidyapeeth Trust  
Gultekdi, Pune - 411 037.

**Tilak Maharashtra Vidyapeeth,**  
**Institute Of Nursing Education & Research, Pune**  
**Programmes For the Month of August 2024**

DATE	ACTIVITY	III SEM	IVthSEM	Vth SEM	IV Year
1 <sup>st</sup> Aug 2024 to 8 <sup>th</sup> Aug 2024	World Breast Feeding Week Theme- "Closing the Gap: Breastfeeding Support for All."	Posters	Seminar	Posters and Health Education	Posters and Health Education
4 <sup>th</sup> Aug 2024	KaryasamratMahaArogyaShibir Theme- EkachGwahiShatraKriyaParyantMofat Kahi	Participated in Health Camp			
12 <sup>th</sup> Aug-18 <sup>th</sup> Aug 2024	Anti -ragging week Awareness Programme Theme- "YaARIYouthAgainstRagging"	Posters	Seminar	Posters and Health Education	Posters and Health Education
13 Aug 2024	World Organ Donation Day Theme – 'Don't Leave Your Loved Ones in Doubt!	Posters	Seminar	Posters and Health Education	Role Play &Health Education
14 Aug 2024	HarGharTiranga campaign Theme- to encourage Indians to connect with the national flag, the Tiranga, on a personal level	Rally			
25 <sup>th</sup> Aug 2024 to 8 <sup>th</sup> Aug 2024	Eye Donation Fortnight Theme-"I Can See Clearly Now"	Seminar	Rally	Posters	Health Education